

# Sunset Home Services Telehealth

Sunset Retirement  
Communities and Services

## Telemonitoring Home Health Care Services

Sunset Home Services telehealth program is available to patients who need to reduce the health and economic burdens of difficult to manage chronic diseases. With this goal in mind, our telehealth service is reliable, covered by Medicare and easy for patients and clinicians to use. Our telehealth program is designed to maximize function and independence for seniors.

---

---

### Potential telehealth patients:

- Having Chronic conditions, including but not limited to CHF, COPD, diabetes, hypertension
  - Require more than one nursing home visit per week due to severity of illness
  - Have had 6 or more doctors visits in the past year
  - The home environment is such that daily care and medical problems can be managed in the home
- 
- 

### How It Works

Our telehealth service enables patients to monitor blood pressure, heart rate and weight at home. Patients are able to send their readings over the phone with a single button press.

A case manager will have vital sign and weight data on her computer within minutes of the patient sending readings, comparing it to pre-determined norms that have been set by the physician for each patient. If measurements are outside of the norm, a follow up phone call and/or additional visits will be made by one of our nurses. As soon as we receive the information, we can deliver it via email or fax to your office every week or as often as you want.

---

---

### Improved Outcomes

Our telehealth services improve clinical outcomes in disease management and can lower operating costs. Telemonitoring has been shown to dramatically reduce hospital readmissions and emergency room visits. Our telehealth system can help you shift your valuable resources from patients who do not need them to those who do. It can also increase self management and improve compliance.



**Phone: 616-667-4663 Fax: 616-457-7783 Email: [homeservices@sunsetmanor.org](mailto:homeservices@sunsetmanor.org)**